

CLINTON PRAIRIE GOPHERS



STUDENT ATHLETIC HANDBOOK

ATHLETIC HANDBOOK FOR STUDENT-ATHLETES

ATHLETIC STATEMENT

This athletic handbook is designed to inform athletes and their parents or guardians of the rules, regulations, and information that helped develop the tradition of competition at Clinton Prairie Jr.- Sr. High School.

Participation in Clinton Prairie athletics is a privilege which carries with it varying degrees of honor, responsibility, and sacrifice. Since athletic competition of Clinton Prairie teams is a privilege and not a right, those who choose to participate will be expected to follow the **CODE OF CONDUCT** established by the administration, and other specific coach's rules for their sport. Athletes represent their school and student body. Athletes are to conduct themselves in a manner that is becoming to their family, Clinton Prairie, and the community.

ATHLETIC PHILOSOPHY/MISSION

The goal of the Clinton Prairie Athletic Department, as an extension of the overall educational process, is to provide the best opportunities for student-athletes to excel in teamwork, sportsmanship, self-discipline, and moral character. The mission is to provide each participant with experiences that will be positive and memorable. Clinton Prairie seeks to help the athlete develop the capacity for commitment to a cause, to persevere through adversity, accept responsibility, and develop loyalty towards a chosen endeavor.

ATHLETE DEFINED

The Clinton Prairie athlete is defined as and includes all young men and women who represent a team that engages in interscholastic competition. It also includes cheerleaders, student managers, student trainers, filmers, and statisticians affiliated with a team.

ATHLETIC PROGRAM PROFILE

Clinton Prairie supports 10 sports programs to students in grades 7-12. Clinton Prairie is a member of the Hoosier Heartland Conference (HHC). The HHC was formed to take an active part in all desirable school activities, to stimulate good public relations between the school and communities, and to promote good sportsmanship. Members are Carroll, Clinton Central, Clinton Prairie, Rossville, Tri-Central, and Sheridan.

JUNIOR HIGH & ELEMENTARY PARTICIPATION

Clinton Prairie also fields athletic interscholastic teams in football, cross country, volleyball, basketball, wrestling, track, and cheerleading. Football, volleyball, basketball, and cheerleading are considered to be grade level specific sports. Students only compete on and against participants at the same academic grade level. Cross country, wrestling, and track are not considered to be grade level specific and allow competition across grade levels.

A large percentage of the schools with whom Clinton Prairie competes are comprised of students in grades six through eight. In an effort to increase participation in the sports which are not considered to be grade level specific, participation is open to Clinton Prairie students in grade six. Sixth grade students participating on Junior High teams shall meet all participation guidelines regarding physicals, insurance coverage, and academic eligibility that are in place at both the elementary and junior high level.

The administration of Clinton Prairie Junior/Senior High School reserves the right to limit participation of any and all sixth grade students in their interscholastic teams dependent upon the participation level at the seventh and eighth grade levels.

ELIGIBILITY

ACADEMIC/ATHLETIC ELIGIBILITY AT CLINTON PRAIRIE

Student-athletes must be enrolled at Clinton Prairie and pass five(5) full credits[IHSAA standard]each 9 week grading period in order to continue to participate as a team member. Semester-ending grades take precedence. Coaches and sponsors can check progress of students by talking with teachers, issuing periodic grade checks, and checking grade cards at the end of grading periods. It is the policy of the athletic department to work closely with the academic progress of each participant. Students with failing grades will attend practices or study at the coaches' discretion during periods of academic difficulty.

RANDOM DRUG TESTING PROGRAM

Clinton Prairie Jr./Sr. High school implemented a random drug testing policy in the fall of 2004. To be eligible to participate in athletics at Clinton Prairie a student must enroll in the random drug testing pool. The random drug testing policy is outlined in our student handbook. The athletic code of conduct, specifically the consequences for substance abuse violations of the code, is aligned with the random drug testing policy.

PHYSICAL EXAMINATIONS

Every student-athlete is required by Clinton Prairie and the IHSAA to have a **yearly physical examination completed and on file with the athletic office before practicing in any sport.** Physical exams are the responsibility of the athlete and his/her parents. Exams are in effect for the next school year if taken after April 1st. Physical exams are offered at school in May.

WHAT MUST BE DONE PRIOR TO YOUR FIRST PRACTICE

The following items are to be completed by the athlete and parent/guardian before the first practice with any team:

- **Take and pass a physical examination and have supporting student, parent, and doctor signatures**
- **Meet academic eligibility requirements**
- **Attend team meeting and AD meeting before the start of the season**
- **Have athletic transfer filed (Transfer students new to Clinton Prairie cannot compete in interscholastic contests until an athletic transfer is completed)**
- **Have insurance waiver/handbook acknowledgement signed and on file**
- **Have emergency contact information on file**

CODE OF CONDUCT

STATEMENT

The following Clinton Prairie Athletic rules are in accordance with the Indiana High School Athletic Association Constitution. An athlete is defined as a participant on an athletic team, cheerleaders, managers, trainers, and athletic assistants.

The conduct of participants in athletics at Clinton Prairie, in or out of school, year-round, shall be such as: 1) Not to reflect discredit upon our school and 2) not to create a disruptive influence on the discipline, good order, moral or educational environment in our school. Any such misconduct violating these principles shall be subject to disciplinary measures.

ENFORCEMENT OF THE CODE OF CONDUCT

The Principal or his/her designee shall enforce all rules and regulations as described in the Code of Conduct (hereafter the Code) for athletes. All rules regarding behavior and/or training as outlined in IHSAA regulations apply. The Code will be reinforced by the coach of each sport during the year. Parents/guardians are required to sign the acknowledgement, consent, injury awareness, and disclosure document stating that they understand the Code and the athlete is subject to disciplinary measure should he/she violate the Code.

Any alleged violation of the Code shall be reported first to the Principal or his/her designee and then is to be followed by an investigation by any or all of the following people...coach, sponsor, athletic director, principal, or his/her designee.

THE CODE IS IN FORCE TWELVE(12) MONTHS A YEAR, GRADES 7 THROUGH 12

EXPECTED STANDARDS OF CONDUCT FOR ATHLETES

- The good of the team is first and foremost. Once a team is eliminated the individual becomes the most important.
- No player(s) will ever employ illegal tactics to gain an undeserved advantage. All players will devote themselves to being a true sportsman.
- All athletes will care for all equipment as though it was their own personal property. If equipment is destroyed through practice it will be replaced by the school. If equipment is lost the athlete(s) will fulfill their responsibility by replacement of item(s).
- All athletes will obey the specific training and practice rules of their team as given to them by the coaching staff.
- Athletes should not engage in doing negative things. Drinking alcohol, taking controlled drug substances, using tobacco products, using profanity, and being disobedient are harmful to athletes and their team. Maximum effort and performance cannot be attained doing these things.
- Athletes and support students of the team must pass five(5) credits each grading period to be eligible to participate in athletics. Team members should plan their time so that they devote energy to their studies to insure passing grades which represent their true abilities.
- Athletes should be a positive influence in all they attempt to do. They are to work for the betterment of Clinton Prairie and set a good example by doing what is right and good.
- Officials deserve courteous respect. All must realize that officials do not lose a game or contest. They are there for the purpose of insuring both teams a fair contest.
- Athletes should appreciate that coaches, teachers, and school officials have the best interests of all athletes in mind as they equip, schedule, and conduct the athletic program.
- All Clinton Prairie athletes must comply with the standards of our athletic code of conduct and school rules or be subject to disciplinary action or dismissal from a team as determined by the rules, coaching staff, athletic director, and/or principal of Clinton Prairie.

IMPORTANT

Clinton Prairie is not asking athletes to make sacrifices. Sacrifice implies giving up good things. We are asking our athletes to do the opposite. We are asking them to think positive, work hard, and do what is right so that they will be finer and more competent individuals and team members.

ANTI-HAZING POLICY

Clinton Prairie High School is committed to providing the best learning atmosphere for our students. Hazing activities are inconsistent with our educational mission and will not be tolerated in the athletic department. The Indiana Code defines hazing as “forcing or requiring another person - (1) with or without the consent of the other person and (2) as a condition of association with a group or organization; to perform an act that creates a substantial risk of bodily injury.” The American Heritage Dictionary, Fourth Edition, defines hazing as: “To persecute or harass with meaningless, difficult, or humiliating tasks. To initiate by exacting humiliating performances from or playing rough practical jokes upon.” The Clinton Prairie Athletic Department will not tolerate actions by athletes that recklessly or intentionally endanger the mental or physical health or safety of a student. This includes, but is not limited to, paddling, beating, branding, exposure to the elements, forced consumption of food or drink, “swirlies”, forced conduct resulting in extreme embarrassment, or any other conduct which could adversely affect the mental health or dignity of another individual. Disciplinary actions will be taken against students who plan, encourage, or engage in hazing activities. Athletic department employees who permit, encourage, condone, or tolerate hazing will be subject to discipline.

If a student witnesses or experiences any type of activity that they feel falls under the category of hazing, they should immediately tell a coach, the athletic director, a counselor, a teacher, or the principal.

RULES OF CONDUCT (GRADES 7-12)

The following rules are specific examples of conduct that would violate the **Code of Conduct** set forth above. Conduct that is not covered by these specific examples, but that violate the principles of the **Code of Conduct** is subject to disciplinary measures at the discretion of the principal or his/her designee.

RULE 1: Athletes shall not knowingly possess, use, transmit, or be under the influence of any of the following, but not limited to, a narcotic drug, hallucinogenic drug, alcohol, tobacco, stimulant, depressant, anabolic steroids, marijuana, counterfeit caffeine pills or possess, use or transmit paraphernalia for use of such substances. (Use of an authorized drug as prescribed by a registered physician shall not constitute a violation of this rule).

CONSEQUENCE: First Offense

Suspension from contests for a maximum of thirty (30) percent of the season and/or next season of participation. Student-athletes will be allowed to practice and attend contests in street clothes at the discretion of the coach.. The Carry Over Rule will be used in instances where needed.

Second Offense

Suspension from contests for a maximum of fifty (50) percent of the season and/or next season of participation. Student-athletes will be allowed to practice and attend contests in street clothes. The Carry Over Rule will be used in instances where needed.

Third Offense

Suspension from contests and practices for 365 days plus counseling paid for by the parent.

- **Carry Over Rule:** The student's suspension will begin the first official day his/her practice begins. If the student commits the offense during summer break or any other time when the student is not participating in his/her sport season, the consequence will start on the first official practice day of his/her sport. Should a student be suspended from participation in the middle of the athletic season, he/she will finish out the remainder of the suspension when they participate in another sport.

Rule 2: Conduct

A student may be suspended from athletics for the use of violence, force, noise, coercion, threat, intimidation, passive resistance, or conduct constituting an interference with the athletic program. He/She may also be suspended for urging other students to engage in the above activity. Furthermore, damage or theft involving school and/or private property, intentionally causing bodily harm to fellow students or school employees, intimidating any student with the intent of obtaining money, possessing weapons, and failing in a substantial number of instances to comply with the directive of coaches and/or rules of the athletic program and/or school are all grounds for suspension.

CONSEQUENCE: The athlete will suffer consequences at the discretion of the Athletic Department.

RULE 3: Athletes shall not be in violation of school rules such as truancy, classroom disruption, or other punishable acts.

CONSEQUENCE: The athlete will be disciplined by already-established school rules. He/she may further be dealt within the structure of each coach's rules for their sport.

RULE 4: Athletes shall not be suspended out-of-school for any reason.

CONSEQUENCE: The athlete will be ineligible for all contests and practices during the term of his/her suspension.

RULE 5: Specific team rules may be set forth by the coach of each sport. These rules and the penalties for breaking them will be given to the athletes by the coach of that sport.

NOTE: We all know what can and often does happen at parties. Attendance at social events such as parties, dances, etc. is up to the athlete and parent/guardian. The Athletic Department expects athletes attending parties where illegal use of alcohol and/or drugs is allowed by the host to use every means possible to leave within a reasonable length of time. Athletes will be considered guilty by association if they choose to remain at such events; disciplinary action may be taken in this situation.

ATHLETIC SEASON DEFINED

The athletic season is defined as commencing with the first practice and ending with the awards banquet for that sport. Penalties for violations take effect immediately upon verification of any violation and will include games in succession. i.e. season schedule, tournament and state series, in order of competition.

FORFEITURE OF AWARDS

If an athlete is not in good standing at the end of the sports season that athlete will forfeit all letters and awards for that sport.

CARRY-OVER SUSPENSION

If the violation of the Code occurs in the last part of a sport and the violator cannot fulfill the terms of his/her violation in that sport the suspension does carry-over until the suspension is fulfilled. If a typically one-sport athlete elects to participate in a new sport in order to serve the suspension, he/she will be required to complete that new season in good standing.

COMPLETING A SUSPENSION

When serving a suspension, the athlete is expected to be present at all athletic contests and practices involving his/her team. The athlete is a member of the team and is expected to fulfill this responsibility. If the athlete does not attend the contest, credit will not be given toward fulfilling the requirements of the suspension. It is the coach's discretion to excuse the athlete from attending a contest.

AWARDS

AWARDS INFORMATION FOR ATHLETES

The following information indicates the general guidelines and normal progression for awards. Athletes will receive the appropriate awards for each year as listed and explained below. New athletes to Clinton Prairie (move-ins) cannot exchange awards from their previous school. Athletes cannot buy, substitute, or make up for awards not previously won.

DESCRIPTION OF AWARDS

CERTIFICATE AWARD - An award symbolic of athletic achievement for a full season of service in any freshman or junior varsity sport. **(worth 1 point)**

SERVICE AWARD - A medal symbolic of athletic achievement for a full season of service in any varsity sport. Freshmen are eligible. **(worth 2 points)**

LETTER AWARD - A block letter to be sewn on an appropriate letter jacket. No further letters are given after the first one. The method of earning letters is spelled out under the individual sport. **(worth 3 points)**

JACKET AWARD - Jacket with appropriate letter numerals and chevrons. To be eligible to earn a jacket and athlete must earn 9 points (if they are a multiple sport athlete) or earn a second varsity letter in a single sport (if they are a one sport athlete). The athletic department will pay for 50% of the cost for the jacket.

PLAQUE AWARD - When an athlete earns six (6) varsity letters, a six-letter plaque will be presented to him/her.

BLANKET AWARD - A wool blanket in school colors (with a letter of CP, recipient's name, and the number of letters earned) shall be given for outstanding athletic achievement. The athlete must earn nine (9) varsity letters to be eligible for the blanket. The blanket will be awarded at the end of their senior year.

SENIOR PLAQUE AWARD - a large plaque with the athlete's picture on one side and their career athletic accomplishments engraved on the other side. To qualify for this plaque, an athlete must defend all varsity letter points that helped him/her earn the jacket. The letter points must be defended throughout the athlete's high school career after earning the jacket in order to receive the senior plaque.

CHAMPIONSHIP PATCHES - Individual champions or varsity team champions will receive recognition patches for winning the Sectional, Regional, Semi-State, or State title(s). Regional, Semi-State, and State qualifier patches will also be awarded when warranted.

HHC INDIVIDUAL OR TEAM CHAMPIONSHIP PATCHES/MEDALS - Team members or individual champions winning HHC events will receive this patch.

CAPTAINS AWARD - Captains pin awarded to each varsity team captain.

MANAGERS, VIDEO, & STATISTICIANS - The first time a student serves as a manager for a sport, he/she will receive 1 point. *Exception* - 2 points may be earned if they are the only manager for a varsity team. The second time a student serves as a manager for a sport, he/she will receive 2 points. *Exception* - 3 points may be awarded to a senior if it is the 2nd year as a manager in a particular sport. The third time a student serves as a manager for a sport, he/she will earn 3 points.

AWARD NIGHT PRESENTATION PROCEDURE -

In order for an athlete to receive their award, they must attend the Awards Night Presentation (treat this night as if it were your last game or meet). There will be very few exemptions to this rule. For the benefit and respect of all athletes, everyone is to dress up for this occasion as well as remain for the entire presentation in support of each other.

CRITERIA FOR EARNING VARSITY POINTS

In order to become eligible for a Varsity letter or service award in any sport, three qualifications listed below must be met, along with the individual requirements from each sport.

1. An athlete must be recommended and certified in writing by the varsity coach as to his/her eligibility to receive the award.
2. An athlete must be a member of the team in good standing at the completion of the season.
3. An athlete must be eligible and available during the entire season.

Baseball

An athlete participating in baseball must meet requirements number 1 and 2.

1. An infielder or outfielder must be eligible and available during the entire season and appear in at least seventy-five percent (75%) of all scheduled games.
2. A pitcher or designated player must be eligible and available during the entire season and appear in at least twenty-five percent (25%) of all scheduled games.

Basketball

An athlete participating in basketball must meet all of the following requirements to be eligible to receive a Letter Award:

1. Must appear in at least one fourth (1/4) of the quarters of all scheduled varsity games.
2. Must be a member of the Tournament Team.

Any senior who fulfills all requirements except number 1 of the preceding requirement and is a member of the varsity basketball team for the second year shall be eligible for a Letter Award.

Fall & Winter Cheerleading

Cheerleaders are a very important part of the Athletic Department and are under the direct supervision of the Athletic Department. A cheerleader to be eligible for a letter award must meet the following requirements:

1. Must cheer in 90% of all varsity games and attend 90% of all practices.

Cross-Country

An athlete participating in Cross-Country must earn one hundred (100) points to be eligible to receive a letter award. The points are assigned as follows:

1 point	Each practice
1 point	Participation in a meet
1 point	Running an extra 2 miles for time
15 points	First place achievement in a meet
14 points	Second place achievement in a meet
13 points	Third place achievement in a meet, etc.

Points shall be adjusted to fit similar scoring in all invitational meets. 3 points deducted for an unexcused missed practice.

The Cross-Country Service Award shall be awarded to those who earn thirty (30) points in the same way as listed above.

Football

An athlete participating in football must appear in at least one half (1/2) of the quarters of all scheduled varsity contests.

Any senior who fulfills all requirements except the above and is a member of the varsity football team for the second year shall be eligible for a Letter Award.

Golf

An athlete participating in Golf must participate in at least one-half (1/2) of all scheduled varsity meets or make an outstanding contribution to the team in the conference or state tournament.

Softball

An athlete participating in softball must be eligible and available during the entire season and appear in at least fifty percent (50%) of all scheduled innings to be eligible to receive a Letter Award.

An athlete not eligible for the Letter Award in softball shall receive the Service Award upon participating in at least twenty-five percent (25%) of all scheduled games.

Track

An athlete participating in track must meet requirement number 1 to be eligible to receive a Track Letter Award.

1. Score an average of 1 1/2 points per meet during the season.

The Track Service Award shall be presented to those that score five (5) points per season.

Volleyball

An athlete participating in Volleyball must meet all of the following requirements to be eligible to receive a Letter Award:

1. Must appear in at least (1/2) of all the scheduled varsity games and must be a member of the Tournament team.

Wrestling

An athlete participating in Wrestling must meet the following requirements to be eligible to receive a Letter Award:

1. Must participate in (1/2) of varsity meets or in all varsity matches.
2. Make an outstanding contribution in the Conference or State Sectional Meet.

INJURED ATHLETES

An athlete who is injured during the season will receive points according to the athlete's status and involvement with the team before, during, and after injury.

INFORMATION FOR ATHLETES AND PARENTS

ACCIDENTS/INJURIES

All accidents or injuries, home or away, are to be reported to the trainer and/or coach immediately.

ATTENDANCE (ABSENCE) SCHOOL & GAME DAY

Daily attendance to school and practice is very important and expected. A Student-athlete must be present by the end of 4th period (11:54 AM) in order to participate in his/her athletic event or practice. Approved field trips or school activities constitute attending school. Any exemptions (funeral, dental, doctor) must be approved through the principal's office and/or athletic office.

CHANGING A SPORT

If an athlete is cut from a team, he/she may join another team or program in that sport season. An athlete cannot quit one sport to join another sport until that sport season is concluded. However, athletes will be allowed to transfer from one sport to another during a given season only upon mutual agreement of both coaches and the athletic director.

CLASS RELEASE

There are a few times or reasons why a student-athlete should ever miss class. State series practices, all-county/state dinners, and rain-outs are examples of excusable releases by the school. Excused release from a class is handled through the principal's office.

COLLEGE-BOUND ATHLETES & RECRUITING

If your student athlete plans to enroll in college following high school and wishes to participate in collegiate athletics, his/her initial eligibility status must be determined by the NCAA and/or NAIA Initial Eligibility Center. To be certified by the Eligibility Center to participate in NCAA athletics the prospective student-athlete must:

1. Complete the high school requirements for NCAA Division I or Division II participation.
2. Complete the online application process at www.eligibilitycenter.org (preferred to be done at the conclusion of the student's high school junior year).
3. Complete the high school requirements for participation if interested in an NAIA institution.
4. Complete online application process at <http://www.playnaia.org/index.php> (preferred to be done at the conclusion of the student's high school junior year).

NOTE: All high school certification requirements are online at the NCAA or NAIA eligibility center websites.

It is the prospective student-athlete's responsibility to make sure the Eligibility Center has the necessary documents to be certified. You may access your high school's list of approved core courses through the online NCAA or NAIA eligibility center or obtain the list from your guidance counselor. You should work closely with your guidance counselor as soon as your freshman year is completed; to be sure you are taking the required core curriculum courses for eligibility. Also, you should communicate with your coach your desire to participate in collegiate sports, as they can help you prepare for and search for an appropriate college opportunity.

College recruiters may visit Clinton Prairie to talk about and with our athletes. Students and parents interested in pursuing athletic scholarships should start their searches by asking their individual coaches for information and advice concerning this matter. The guidance office will have additional information about the school or area of interest. NCAA Eligibility Clearinghouse rules determine who is eligible for scholarships. Basically, a student-athlete must be a "C" student in college prep classes as determined by the NCAA, score well on the Scholastics Aptitude Test, or the American College Test and have the

recommendation of his/her coaches. These rules are available from the athletic office and your coach. There is time set aside for recruiter-athlete visitation. Your coach and guidance counselor will set this up. Transcripts will be provided to the university through the guidance office.

COMMUNICATION

As an athlete involved in your choice of sports at Clinton Prairie you will experience rewarding moments and times when things do not go the way you wish. At these times your best choice is to express directly to the coach your concerns. It is always appropriate for the athlete to discuss position, consideration for future play, treatment, behavior, and ways to improve. Also, it is important for each athlete to inform his/her parent(s) that they are encouraged to discuss treatment, improvement, and behavior with the coach. However, it is never appropriate for athletes or parents to discuss other student-athletes with the coach.

The Clinton Prairie Athletic Department suggests that you go through the following steps when you have a concern.

1. The athlete should address the problem with the coach one on one.
2. If the problem is not resolved, the parent should contact the coach.
3. If the problem still exists, contact the athletic director and set up a meeting with him privately or with the coach present.
4. It is always the prerogative of the parent to contact the principal, if the issue is still a problem after meeting with the athletic director and the coach.

24 hour rule: Parents should wait 24 hours after a contest or practice to discuss a situation with a coach. The situation may look and feel very different after you have had time to reflect upon a concern. Never confront a coach before or after a contest or practice as these times can be very emotional for both the parent and coach.

DRESS

Coaches may ask their players to dress according to team rules.

EQUIPMENT

All athletes will care for all equipment as though it were their own personal property. If equipment is destroyed through practice it will be replaced by the school. If equipment is lost or stolen the athlete(s) will fulfill their responsibility by paying for replacement of item(s). Remember that stealing or wearing stolen equipment is a violation of the Code of Conduct and punishable by suspension from athletics. Equipment may not be worn during the school day, at home, or on the streets without approval of the coach of that sport. **ALL ISSUED EQUIPMENT AND UNIFORMS REMAIN THE PROPERTY OF CLINTON PRAIRIE AND MUST BE RETURNED AT THE CONCLUSION OF THE SEASON. ANY MISSING ITEMS WILL BE CHARGED TO THE STUDENT-ATHLETE. COMMENCEMENT OR NEXT YEAR'S REGISTRATION WILL BE AFFECTED UNTIL ALL FEES ARE PAID.**

INSURANCE

Clinton Prairie Athletic Department **does not** provide insurance coverage for student-athletes. All student-athletes are given the opportunity to purchase insurance at their own cost. Parents can obtain an

application from the Athletic Office or Main office. Clinton Prairie administrators, coaches, and trainers are safety conscious and are trained to instruct athletes in the safe and proper techniques of their individual sport(s). Due to the nature of athletic activity, however, injury may occur. While the school provides the opportunity for parents to purchase insurance for their son/daughter, parents retain the right of denial of such participation and must carry the responsibility for providing medical care and insurance coverage for their son or daughter. Parents are encouraged to have a family insurance policy to cover athletic injuries and the cost of treatment. IT SHOULD BE NOTED THAT NEITHER THE IHSAA NOR CLINTON PRAIRIE JUNIOR-SENIOR HIGH SCHOOL CARY ANDY KIND OF FIRST DOLLAR MEDICAL INSURANCE FOR ATHLETIC INJURIES.

PRACTICES (REGULAR, VACATION, SCHOOL CLOSING)

All team members are expected to attend all practices. Practice scheduled during school vacations are set by the coach and only the coach can excuse and athlete from practice. Practice during a school closing time (snow, etc.) is determined by the Corporation Office or principal.

QUITTING A TEAM

If an athlete participates in ten practices (pre-season) for a sport, he/she cannot quit that sport and join another sport until the sport he/she quit is completed. Mutual consent by both coaches can waive this rule if the student-athlete and team are better off for the change.

IHSAA INDIVIDUAL ELIGIBILITY RULES (Grades 9-12)

ATTENTION ATHLETE: TO BE ELIGIBLE TO REPRESENT CLINTON PRAIRIE IN INTERSCHOOL ATHLETICS YOU:

1. Must be a bona fide student in good standing; must be enrolled not later than the 15th day of the current semester.
2. Must have completed 10 separate days of organized practice in one sport under the direct supervision of the high school coaching staff.
3. Must have received passing grades in at least five full credit subjects during your last grading period; semester grades take precedence; and must be currently enrolled in at least five full credit subjects.
4. Must not have reached your 20th birthday prior to or on the scheduled date of the IHSAA state finals in a sport.
5. Must have been enrolled in your present high school last semester or at one of the junior highs.
6. Must not have been enrolled in more than eight consecutive semesters beginning in grade 9.
7. Must be an amateur (have not participated under an assumed name, have not accepted money or merchandise directly or indirectly for athletic participation have not accepted awards, gifts, or honors from colleges or their alumni, have not signed a professional contract.
8. Must have had a physical exam between April 1 and your first practice.
9. Must not have transferred from one school to another for athletic reasons as a result of undue influence by any person or group.
10. Must not have received any award from your athletic ability not approved by your principal or IHSAA.
11. Must not accept awards in the form of merchandise, meals, cash, etc.
12. Must not participate in an athletic contest during the IHSAA authorized contest season for that sport as an individual or on a team other than your school team.
13. Must not reflect discredit upon your school.
14. Students with remaining eligibility must not participate in tryouts or demonstrations of athletic ability in that sport.
15. Must, if absent 5 or more days due to illness or injury, present written verification from a physician stating you may participate again.
16. Must not participate in camps, clinics, or schools during the IHSAA authorized contest season.
17. Girls shall not be permitted to participate in an IHSAA tournament program for boys where an IHSAA tournament program is offered for girls in that sport.

TEAM CUTTING POLICIES

Coaches of the varsity sports at Clinton Prairie have their own policy on how they will choose their teams. In some sports “cutting” a team down to a manageable size is a necessity. Coaches will explain their policy to candidates for their team at the first meeting. An athlete may be cut from a team at anytime during a season.

TRAINER

Lafayette Orthopaedic Clinic and Unity Health Care provide training services for Clinton Prairie Junior-Senior High School. The trainer is present at all high school practices and home events. The trainer also covers home JH football games and wrestling events. Student-athletes are not permitted to be in the training room without adult supervision. The Training Room is for treatment and rehabilitation. Space is limited, therefore only athletes needing treatment are allowed in this room.

CELL PHONES & SOCIAL NETWORKING

1. Cell phones and cameras may not be used inside a locker room for any purpose. This means no texting, no calling, and obviously no pictures. The use of cell phones, regardless if it has a built-in camera or not, is not permitted in the locker room at any time. NO EXCEPTIONS TO THE RULE. This rule applies to all players, managers, and coaches (coaches may use a cell phone in their office, not the locker room). A violation of this rule will result in immediate penalty, which could include dismissal from the team. If a photograph is taken, the matter may be turned over to legal authorities for possible prosecution. Should an athlete receive a call or text while he/she is in the locker room, he/she should take the phone (still in backpack, book bag, gym bag, etc.) out of the locker room before use. CAMERAS AND PHONES MAY NOT BE IN USE OR OUT IN VIEW IN THE LOCKER ROOM FOR ANY REASON.

2. SOCIAL NETWORKING SITES: Student-athletes are responsible for information contained in written or electronic transmissions (e.g. email) and any information posted on a public domain (e.g. Twitter, Facebook, Vine, chat room, Instagram, You Tube, etc...). Inappropriate or embarrassing information or pictures should not be posted in any public domain. Student-athletes are not precluded from participation in such online social networks; however, student-athletes should be reminded that they serve as representatives of their team, the athletic program, and the Clinton Prairie School Corporation. Texting, tweeting, and uses of other social networks to disparage or criticize the team, other students, opponents, coaches, or other school personnel is inappropriate behavior and conduct unbecoming of a Clinton Prairie student-athlete. Any individual identified on a social networking site which depicts illegal or inappropriate behavior, will be considered in violation and subject to athletic discipline which could include suspension or dismissal from the program. Length of suspension will be determined by the athletic director with coaches involvement.

CONSENT FORM: CLINTON PRAIRIE ATHLETIC DEPARTMENT

This consent form is valid for the following school year if signed after April 1st.

STUDENT CERTIFICATION FOR ATHLETIC PARTICIPATION

I hereby certify that I have read the Clinton Prairie Athletic Handbook and understand the eligibility and conduct guidelines as printed. I also understand the risks involved in athletic participation. To the best of my knowledge, I have suffered no injury or illness in the past that would hinder my participation in athletics at Clinton Prairie Jr./Sr. High School.

Student Signature: _____ Date: _____

Printed: _____ Grade: _____

PARENT/GUARDIAN CONSENT FORM (to be completed by parent or legal guardian; where divorce or separation, parent or legal custody must sign)

- A. In accordance with the rules of the IHSAA and Clinton Prairie Jr./Sr. High School, I hereby consent for the above student to participate in all athletics at Clinton Prairie Jr./Sr. High School.
- B. I understand that participation may necessitate an early dismissal from classes. I also understand that travel is necessary and an accident causing injury is a possibility.
- C. I know of and acknowledge that my son/daughter knows of the risks involved in athletic participation, understands that serious injury and even death may be possible in such participation, and chooses to accept any and all responsibility for his/her safety and welfare while participating in athletics. With full understanding of the risks involved, I release and hold harmless my school, the school involved, and the IHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation. I agree to take no legal action against the IHSAA or my school because of any accident or mishap involving the athletic participation of my son/daughter.
- D. As a parent and/or guardian of the above student I have read the Clinton Prairie Athletic Handbook and discussed it with my son/daughter. I understand the Code of Conduct and realize it applies year-round. I also realize that my son/daughter is subject to disciplinary measures should he/she violate the rules of the Code of Conduct.
- E. I authorize Clinton Prairie Jr./Sr. High School to investigate and obtain information from police agencies, the probation department, or any other source regarding events leading up to an arrest or filing of charges for an act which would be in violation of any of the rules and regulations as stated in the Clinton Prairie Athletic Handbook.
- F. As a parent or legal guardian for the Student listed above, I do hereby consent to the Student receiving athletic training services from Lafayette Orthopaedic Clinic and Unity Healthcare. I understand that during the course of these services certain health information related to Student's athletic training services may be used and/or disclosed for treatment, payment or healthcare operations purposes, or as otherwise required by law. I further consent to certain health information being disclosed to school personnel, including but not limited to, coaches, school administration, and/or staff, as necessary as well as the team physician and/or treating physician.
- G. Absent the fault of negligence of Clinton Prairie agents or employees causing injury or harm to my child, I will not hold Clinton Prairie or its personnel liable or responsible for payment of any claims arising from an incident or accident occurring with my child's participation in athletics.

I HAVE READ THE ABOVE CAREFULLY

Parent/Guardian Signature: _____ Date: _____

Printed: _____